



NNBCAS 33rd Annual MLK Dinner
2021 ESSAY Contest
Starting Good Trouble: A New Normal



John Lewis was quoted saying: When you see something that is not right, not Fair, not just, you have to speak up. You have to say something; you have to do something.

In one of his most famous quotes "Do not get lost in a sea of despair. Be hopeful, be optimistic. Our struggle is not the struggle of the day, a week, a month, or a year, it is the struggle of a lifetime. Never, every be afraid to make some noise and get in good trouble, necessary trouble." What does it mean to Say Something, Speak Up, and get into Good Trouble, Necessary Trouble in today's times of social justice and injustice?

**Contest Rules/
Guidelines:**

- NO repeat winners. (for the same category)
- One (1) entry per person.
- All entries must be the original work of the contestant.

AWARDS:

College: \$500 (Full time/Undergraduate)

High School: \$400

Middle School: \$250

Elementary: 4th–6th \$75

1st–3rd \$25

All essays must be typed with the following format: a cover page with the author's name, telephone number, grade level and school, parent/guardian (K-12 only), and photo. 12 point font and 1 inch margin on all sides, double spaced, pages numbered, 700 word maximum, and must focus on the theme. Essays will not be returned.

NOTE: All Essay Winners must attend a ZOOM Meeting for video recording of awardees.

Please submit entries to: NNBCAS, P.O. Box 21448, Reno, Nevada 89515 or admin@nnbcas.org By
FRIDAY, JANUARY 1, 2021.

Northern Nevada Black Cultural Awareness Society (775)329-8990

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